Reversal

Week 4 Group Guide A series on the economy of God



Overview

The way it is now isn't the way it has to be always. Life with God means being able to depend on dramatic reversals: poor to rich, hurting to healed, last to first. But, we aren't just passive players in these changes. We have a part to play, and that part gives us incredible purpose. Where do you need God to turn things around? That just may be the place he's looking to partner with you. In this series, we will learn how to experience the reversing economy of God.

Week Four ::

Beyond doubt, what drives us begins inside of us. This is what makes navigating the Four Chairs so difficult. Unless we've plotted our internal map, we're destined to get turned around, frustrated, and, sadly, quit. There are two chairs specifically designed to force us to face who we are on the inside. Why? There's a strength hidden in there that otherwise we wouldn't know about. To know God and the purpose he's designed for us to know in that last chair, we must know ourselves as well. This week, we close this shockingly powerful series by giving David, and Jesus, the final word.

Key takeaways & Action Items

- It takes external skill & internal awareness to navigate the four chairs of reversal well.
- The enemy wants us to believe our plans are better than that of the Fathers.
- We are in a war on 2 fronts: Internal & External
- Chair Discussion Reference | Chair 1= Obedience, Chair 2=Opportunity, Chair 3=Obstacle, Chair 4= Offering

Group Discussion Questions

*Wrapping up week 4 of Reversal. If you haven't heard Week 1's talk on the Chairs, make sure you go listen before completing this guide.

- 1. We are in a war on 2 fronts- External & Internal. Jesus' ministry focused on the internal, the heart. What are some internal battles you can reference in your life? (recent or past) What are some external battles?
- 2. Chair 1 = Obedience, it's an internal battle more than external. It's internal because this battle isn't about who is in authority asking/telling you to do a task, it's how you respond to authority figures. Because of past traumas, most of us let resentment towards people telling us "what to do" keep us from obeying.
 - a. How do you personally handle authority? How do you handle giving up control?
- 3. Chair 2 = Opportunity. Read Proverbs 19:2 esv.
 - a. Is it clear to you which plans are "of you" or "From God"?
- 4. If its not normally clear, we're required to go back to the chair of obedience, and ask, "what is God's purpose in this?" In order to know the "God Opportunities" we must Know God who gives us these opportunities.
 - a. What could be holding us back from knowing Him and His opportunities vs our own?

- 5. Chair 3 = Obstacle. The obstacle we face is usually external, but the true obstacle is internal- it's typically fear based. We fear we are inadequate. We are all inadequate, but we have to give control to God who makes us more than adequate.
 - a. With current obstacles, what are you afraid of?
 - b. Is it fear God won't show up? Or fear to give full control to Him?
- 6. Chair 4= Offering

When you're here, you know your own needs and what you lack. You also know the needs of the people around you, and can help in a healthy, boundaried way.

- a. When is the last time you wrote down/spoke out what you needed?
- b. When was the last time you were fully aware of the needs of others and helped them without sacrificing your mental wellbeing? (give examples)
- 7. We closed by focused again on Davids life- Read Psalm 22:6-8 & Psalm 22:9-11 David shifted his focus from what others thought and the external battle, to focus on his internal feelings, his needs, and His Fathers words to him.
 - a. How open are you with your feelings to yourself and to others?
 - b. How do you process your feelings?
- 8. The inward journey map checklist:
 - a. Do you understand how your past has affected your present? (how does your past show up today? Have you sought counsel for your past?)
 - b. Are you aware of how other people experience you? (ask your peers what is it like to be my _____ <friend, spouse, sister, brother..etc>)
 - c. Have the ability to navigate and accept your weaknesses & limitations (How often do you rest vs go until you're burned out? If rest isn't the weakness, what is your limitation you need to accept?)

Scripture & Resources

- Many are the plans in the mind of a man, but it is the purpose of the Lord that will stand. Proverbs 19:21 ESV
- "The farther the outward journey takes you, the deeper the inward journey must be. Only when your roots are deep can your fruits be abundant." -Henri Nouwen, *The Inner Voice of Love: A Journey Through Anguish to Freedom*
- I am a worm and not a man, scorned by everyone, despised by the people. All who see me mock me; they hurl insults, shaking their heads. "He trusts in the Lord," they say, "let the Lord rescue him. Let him deliver him, since he delights in him. Psalm 22:6-8 (ESV)
- Yet you brought me out of the womb; you made me trust in you, even at my mother's breast. From birth I was cast on you; from my mother's womb you have

- been my God. Do not be far from me, for trouble is near and there is no one to help. Psalm 22:9-11 (ESV)
- For he has not ignored or belittled the suffering of the needy. He has not turned his back on them but has listened to their cries for help. Psalm 22:24 (NLT)